

I CHING ORACLE

SAMPLE PACK

I Ching Reading Journal

A practical journal for recording readings, interpretations, outcomes, and the patterns that only become visible over time.



This sample includes the cover, guidance, one standard reading log, one deep-reading page, and one outcome review page from the final 64-page journal.

A4
PRINTABLE
PDF

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FRONT MATTER

How to use this journal

BEFORE THE
CAST

DURING THE
READING

AFTER EVENTS
UNFOLD

This journal is designed to help you keep a clearer record of your readings over time. Use it to capture the real question, the cast structure, the first interpretation, and the later outcome when the situation has moved on.

BEFORE THE CAST

Record the actual question, the surrounding context, and what feels uncertain or pressing. A reading is usually better when the question is real and concrete.

DURING THE READING

Write down the primary hexagram, changing lines, relating hexagram, and your first response before interpretation starts drifting.

LATER REVIEW

Return to the reading with hindsight. Ask what actually happened, what the reading named accurately, and what you misunderstood at the time.

A useful journal is better than an elegant one. The point is to build a record you can return to honestly.

Reading Log

QUESTION

CONTEXT

DATE / TIME

METHOD

Three Coins / Yarrow /
Manual

FOLLOW-UP DATE

PRIMARY HEXAGRAM

CHANGING LINES

RELATING HEXAGRAM

IMMEDIATE REACTION

PLAIN READING SENTENCE

PRESENT PATTERN

ACTIVE PRESSURE / STABILITY

LINE NOTES

ACTION / NEXT STEP

Deep Reading Page

THE QUESTION

WHAT IS HAPPENING NOW?

WHAT FEELS UNCERTAIN OR AT STAKE?

PRIMARY HEXAGRAM NOTES

RELATING HEXAGRAM NOTES

CHANGING LINE NOTES

WHAT IS CHANGING?

WHAT REMAINS STABLE?

WHAT SHOULD I DO NOW?

WHAT SHOULD I REVIEW LATER?

Outcome Review Page

ORIGINAL READING DATE

HEXAGRAM / CHANGING LINES

ORIGINAL QUESTION

WHAT ACTUALLY HAPPENED?

WHAT PART OF THE READING PROVED ACCURATE?

WHAT DID I MISREAD OR OVERLOOK?

WHAT WOULD I NOTICE EARLIER NEXT TIME?

WHAT PATTERN IS REPEATING?

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